PRESSURE / CAPACITY 01

Check the yes.



You agreed before checking your week. Now you are trying to make room that does not exist.

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PRESSURE / CAPACITY 02

Name the real load.



Someone says, "It is only one more thing." Your day was already full.

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Free sample — card fronts 01 and 02

Images include 0.125 in bleed; trim to 2.75 x 4.75 in. Print at Actual Size / 100%, two-sided, flip on long edge.

YOUR NEXT MOVE 02

Name the real load.

1. List three things the request would compete with.
2. Pick one demand that needs sharing, moving, or reducing.
3. Ask: "Which task should change if this gets added?"

CHECK IT

What is missing from their picture?

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YOUR NEXT MOVE 01

Check the yes.

1. Name what is already committed. Include travel, food, and rest.
2. Choose what you can actually offer, including nothing this time.
3. Rehearse: "I checked. I am not available for that."

CHECK IT

What needs checking before your next yes?

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Free sample — card backs (mirrored for long-edge duplex)
Images include 0.125 in bleed; trim to 2.75 x 4.75 in. Print at Actual Size / 100%, two-sided, flip on long edge.